

## Ski NB Decision Document – Competition Format Fall 2025

## U10(U8) Age Group – Gliding Start/Skier Essentials (Primarily aimed at athletes age 8, 9 & 6, 7)

- All athletes will be required to be registered with SkiNB. The competition events will be scheduled intra club with the primary focus on the development of skiing skills by using a Carnival Event focus which will include "RACE "environments.
  - o Events should include SL, GS, Kombi and Strive/Ascension fun event.
- Carnival Events will be based on the model created under the historic Nancy Green festival event series.
- Downhill suits will not be allowed to be worn at competitions. A snowsuit coat and pants must be worn.
- Children development gates i.e. 155cm (60") 25-27mm gates or stubby gates will be used.

# U12 Age Group –Skier Essentials/Learn to Train (Primarily aimed at athletes age 10 & 11)

- All athletes will be required to be registered with Ski NB.
- This age group will combine with U14 and compete in SL, GS and SX race events. Focus is on skills development.
- Additional U12 specific events will be added to the calendar that U12 athletes will be able to participate in. (speed, parallel), (e.g. PEI).
- Children development gates i.e. 155cm (60") 25-27mm gates will be used for SL
- Downhill or Skin Suits will be allowed.
- Arm guards will not be allowed.
- SkiNB development programs and U12 development camps will be offered.
- Start order will be a full field random for 1<sup>st</sup> run with 2<sup>nd</sup> run being reversed full field
  - All athletes will get 2 runs
  - Results will be based on the definition provided by the ACA codex i.e. a one run race will use 1 run time, a 2 run race will use combined times. Awards shall be based on the published NB Provincial Competition Rules (PCR-NB)



## U14 Age Group – Learn to Train/Learn to Race (Athletes aged 12 & 13)

- All athletes will be required to be registered with Ski NB.
- This age group will combine with U12 and compete in SL, GS, SG and SX race events.
- Children development gates i.e. 155cm (60") 25-27mm gates will be used for SL.
- Additional U14 specific events may be added to the calendar that U14 athletes will be able to participate in. (speed, parallel)
- Downhill or Skin Suits will be allowed.
- Arm guards will not be allowed.
- SkiNB development programs and U14 Performance programming will be available.
- Start order will be a full field random for 1st run with 2nd run being reversed full field
  - All athletes will get 2 runs
  - Please see PCR-NB
  - Results will be based on the definition provided by the ACA codex i.e. a one run race will use 1 run time, a 2 run race will use combined times.

## U16 Age Group –Learn to Race/Train to Race (Athletes aged 14 & 15)

- All athletes will be required to be registered with Ski NB.
- This age group will combine with U18+ and compete in SL, GS, SG and SX race events.
- FIS type B 180cm gates shall be used.
- Additional U16 specific events may be added to the calendar that U16 athletes will be able to participate in.
- Downhill or Skin Suits will be allowed.
- Arm guards are allowed.
- Cut proof layer is strongly recommended.
- SkiNB development programs and U16 High Performance programming will be available.
- All athletes will be Nationally carded
- Start order will be based on athlete national point rank with non-ranked athletes starting in random order. 2<sup>nd</sup> run will be based on reverse 30, then rank order.
  - All athletes will get 2 runs
  - Please see PCR-NB
  - Results will be based on the definition provided by the ACA codex i.e. a one run race will use 1 run time, a 2 run race will use combined times.



### U18/21 Age Group – Train to Race

- All athletes will be required to be registered with Ski NB and optionally with FIS.
- This age group will combine with U16 and compete in SL, GS, SG and SX race events.
- FIS type B 180cm gates shall be used.
- Additional U18 specific events may be added to the calendar that U18 athletes will be able to
  participate in. SQA offers the CJP series that may, based on available quota, offer additional
  starts and the FIS race calendar will be available to athletes who chose to register and obtain a
  FIS card.
- Cut proof layer is strongly recommended.
- SkiNB development programs and FIS programming will be available.
- All athletes will be Nationally carded.
- Start order will be based on athlete national point rank with non-ranked athletes starting in random order. 2<sup>nd</sup> run will be based on reverse 30, then rank order
  - All athletes will get 2 runs
  - Please see PCR-NB
  - Results will be based on the definition provided by the ACA codex i.e. a one run race will use 1 run time, a 2 run race will use combined times.

### **Race Formats**

#### Technical events

- U12/U14 will compete on one race track. Once the race event has been completed the U12/14 athletes will participate in a Skills Combine skill station and be evaluated. This addition directly addresses ACA's focus on the need for skills development beyond a racecourse or running gates. SkiNB will provide guidance and leadership to facilitate the operation of this skill station at all U12/14 race events.
- Awards shall be given for the race event and the skills evaluation.
- This age group will use 155cm (60") development gates for SL. It is recommended that they use these gates for GS also, however, 180cm gates will be allowed.
- Arm guards will not be allowed.
- Start order will combine all U12/14 athletes into one random draw.
  - As per SkiNB PCR-NB
- The U14 CanAm and U16 Eastern Regionals will include a medal event related to Combine skills.



### Speed Events

- U14/U16/U18+ will compete in Speed events.
- The SkiNB speed camp will be modified to include a Skills Evaluation Day as per entry requirements from ACA for High Performance events. Proposed schedule will now be 3 SG training days, a Skills Evaluation Day followed by the competition events.
- SkiNB will provide guidance and leadership to facilitate this Skills event day. Awards will be given, and the Skills evaluation will be included in the SkiNB selection criteria for High Performance programs, U14 CanAm selection and U16 Eastern Regionals selection.
- FYI- ACA has also made it compulsory that all athletes entered to the U14 CanAm and/or the U16 Eastern Nationals have a pre-event score from the Fitness Combine. This means a mandatory ACA combine fitness test and a skills evaluation score prior to the event.
- Fitness + Skill is now a medal event at both events.
- Start order at the speed event shall be U14 random, U16 random and U18+ random.
   (please see PCR -NB for details) The jury will have the opportunity to adjust the U16/18+ draw based on field size.
- Cut proof layer is strongly recommended.

### Skills Combine

- The skills combine is based on the ACA Strive/Ascension program. A template of what skills and how to evaluate each skill will be provided by ACA by the beginning of September.
- Each club will be provided with the Skills combine framework to allow them to integrate the skills training into their respective programs.
- U12/14 will include a single station with each race event.
- U14/16/18+ will do a one day skills evaluation day, aligned with how the Skills evaluation will be done at the High Performance events for each age group.

Final details on ages will be available at the Ski New Brunswick AGM.

### **GLOSSARY**

Race Event – a competition event where the athlete competes as an individual, e.g. U16 division 1 event

Carnival Event – a competition where an athlete participates in a variety of skills stations and may included timed race runs