



SKI NB SPEED CAMP & TIMED TRAINING

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| Dates | Wednesday February 23 – Sunday Feb 27 |
| Name of Event | Ski NB Speed Camp, Team Selection for Nationals |
| Event | GS, SG – Camp will consist of speed training and preparation for timed GS/SG/SL runs |
| Gender | Women and Men |
| Location / Course | Crabbe Mountain, Lower Hainesville, NB. Kings Horn |
| Details | SG training geared for each age group - U14 and U16+ on Kings Horn. U14 athletes eligible for CanAms are advised to attend this camp to be eligible for the Super G at that event Fri—Sun – SG, GS, SL - Timed runs for team selection for U16 Nationals, U16 Easterns & U14 CanAms. |
| Sanction | Ski NB/ACA |
| Eligibility | U14, U16, U18, U21 |
| Entry Fee | Speed camp - \$80. LIFT TICKETS NOT INCLUDED. |
| Entry Deadline | February 16, 2022 5:00pm |
| Registration & Payment | ATHLETES - Register and pay through Team Snap using the link below. https://go.teamsnap.com/forms/300371 COACHES/OFFICIALS/VOLUNTEERS – Register using the link below. https://go.teamsnap.com/forms/300371 |
| Coach Meeting | Tuesday February 22, 2022 7:00 pm via Zoom . https://us06web.zoom.us/j/89946892309?pwd=eUNGek9yUUUVZZZ2FERjZXSyswMjQwZz09 Meeting ID: 899 4689 2309 Passcode: 915931 |
| COVID Protocols | All participants must be double vaccinated. Crabbe Mountain resort requires proof of vaccination from all patrons. Athletes, Coaches, Volunteers, Officials – Must complete COVID attestation daily via Teamsnap Health Check. You will receive a message from Teamsnap each evening prior to the next day training |
| Program to be confirmed at Coaches Meeting | DAILY SCHEDULE: 8:45 am Athlete lift access 9:00 am-noon Training 12-1 pm Lunch 1-3 pm Training |
| Bibs/Lift Tickets | ATHLETES - Please purchase lift tickets online for the camp and timed runs and show proof of vaccination at the Crabbe ticket booth |
| Communication | Teamsnap is required for communication. Install the app on your phone and you will receive messages via Teamsnap |
| Volunteers | Volunteers are very much appreciated and are critical to a successful camp. We require volunteers to help set netting on Feb 22. We also ask that parents of athletes eligible for Nationals/Easterns/CanAms volunteer as safety personnel Fri-Sun. Please register using the following link https://go.teamsnap.com/forms/300371 |

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| Ski NB COVID Protocols |  Ski NB COVID Operational Plan De |
| Additional Athlete, Coach Information | See attached document  Ski NB Speed camp Athlete and Coach i |
| Technical Director | Michele Leger michele@skinb.ca |



COVID-19 GUIDELINES

All participants – athletes, coaches, officials, volunteers and spectators must abide by the following guidelines of Crabbe Mountain. Please check the website for Covid Protocols <http://www.crabbemountain.com/safety/safety-risk-awareness/>

- Guests aged 12 and over will be required to show proof of COVID-19 vaccinations to access Crabbe Mountain and all facilities
- Masks are a requirement for ALL staff and guests. Masks remain mandatory in indoor public places, and are required in outdoor public spaces when physical distancing cannot be maintained (i.e. outside of the lodge area, lift lines, etc.). Masks must cover your nose and mouth
- Use your Car as your Base Lodge – Come to the resort ready to ski
- Steady 10 - households must limit their contacts to a maximum of 10 consistent contacts
- Food and Beverage will be offered in the lodge and Igloo. Indoor dining is limited to 50% capacity