



2023 Canada Winter Games Alpine Ski & Para Alpine Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) [Principles that Govern Technical Packages](#). As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games stakeholders, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games stakeholders early.

TABLE OF CONTENTS

SPORT: ALPINE SKI & PARA ALPINE	3
PARTICIPANTS	3
CLASSIFICATION	4
ELIGIBILITY	5
COMPETITION	7
TIE BREAKING RULES - COMPETITION	9
REGISTRATION & EVENT ENTRIES	9
SPORT SCORING POINTS	10
FLAG POINTS	12
TIE BREAKING RULES - FLAG POINTS	12
MEDALS	13
COMPETITION UNIFORM	13
EQUIPMENT	13
PROTEST & APPEALS	16
ANTI-DOPING	16
APPENDICES	16
APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS	18
APPENDIX 2 - PERFORMANCE GUIDELINES	19
APPENDIX 3 - AGE DISPENSATION	20

2023 Canada Winter Games Alpine Ski & Para Alpine Technical Package

1. SPORT: ALPINE SKI & PARA ALPINE

2. PARTICIPANTS

2.1. Athletes

Alpine: 7 Males, 7 Females

Para Alpine: 2 Males, 2 Females

All registered athletes must intend to compete in at least one event.

2.2. Staff

Alpine: 2 Coaches, 1 Wax Technician

- If female athletes are being sent, one coach must be female. If male athletes are being sent, one coach must be male.

Para Alpine: 1 Coach and 1 Manager

- If female athletes are being sent, one coach/manager must be female. If male athletes are being sent, one coach/manager must be male.
- Guides will be accredited for Para-Alpine competitors with a visual impairment. A maximum of three (3) guides will be permitted to attend the Games in Para-Alpine outside the athlete quota. Any additional guides must fit within the athlete quota.

2.3. Additional Team Staff*

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have the same access as athletes and team staff.
- Venue Pass Holder

- See [Venue Pass Holder Policy](#)
- Venue Pass Holders do not have access to the field of play
- Venue Pass Holder's venue access
 - Sport Operational Zone (Zone 2)
 - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Nursing Mothers Policy](#)
- [Participant Assistant Policy](#)

3. CLASSIFICATION

Alpine:

AB, BC, ON, QC: U16 Age Category – Athletes born in 2007/2008

MB, NB, NL, NS, PE, SK, NT, NU, YT: U16 Age Category + max two (2) non-FIS U18 athletes per gender – Athletes born in 2007/2008 + max two (2) athletes per gender born in 2005/2006

Para-Alpine:

12 to 30 years old: Athletes born from 1993 to 2011 inclusively*.

*In keeping with the objective of targeting athletes within Alpine Canada's Train to Train phase of their Long Term Athlete Development (LTAD) framework, it is recognized that athletes with acquired injuries may not follow the same LTAD pathway as able-bodied athletes and it is important to provide sporting experiences that fit their development phase. In light of this, the Canada Games Council and Alpine Canada will consider exemptions for athletes who do not currently meet the Para-Alpine age category. Alpine

Canada will evaluate these requests on an athlete by athlete basis. Alpine Canada will only approve athletes who meet the following five [5] criteria:

1. Have never competed in Para-Alpine events at a previous Canada Winter Games.
2. Have never attended a WPAS (World Para Alpine Skiing) race or classification event, or raced at an international level within or outside of Canada.
3. Must have attended at least one event/training session with Alpine Canada's Para-Alpine Sport Development Manager to demonstrate their ability and needs for exemption.
4. Must have a year of birth of 1987 or later.
5. Exemptions will only be considered when there are no other available athletes who meet the age category

In order to submit a request for an age exemption, Provincial/Territorial Mission Staff must provide the name of the athlete to Mark Newton (mnewton@alpinecanada.org) no later than Monday, February 6, 2023.

4. ELIGIBILITY

4.1. Athletes

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

All athletes must hold a valid Alpine Canada Alpin (ACA) competitor card for the 2022-2023 season.

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
 - Senior World Championships
 - Olympic Winter Games
 - Paralympic Winter Games
 - FISU Games
 - Senior World Cups

- Athletes who have held a FIS card at any time.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status for the first time, carding status or competes in an excluded event after November 20, 2022 they will still be considered eligible to compete at the 2023 Canada Games).

* Athletes who hold a C1 card (as defined by Sport Canada’s Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council’s Eligibility Committee.

4.2. Coaches

All coaches must be Alpine Canada Accredited.

Alpine

Head coaches registered in the Canada Games electronic registration system must be Alpine Canada NCCP Performance Level Trained + Ski Cross Trained.

Assistant coaches registered in the Canada Games electronic registration system must be Alpine Canada NCCP Development Level Certified + Ski Cross Trained.

Para Alpine

Para Alpine coaches registered in the Canada Games electronic registration system must be Alpine Canada NCCP Para Alpine Development Level Certified.

Coaches must be so certified no later than 90 days prior to the opening ceremony (November 20, 2022).

Please note that “Alpine Canada NCCP Development Level Certified, Not Renewed” does not qualify under the coaching standards for the 2023 Canada Winter Games.

Please refer to the CGC’s [Coach Certification Policy](#) for additional information.

For more information on the coach certification pathway for Alpine Ski, please see Appendix 1.

5. COMPETITION

5.1. Events

Unless otherwise stated herein, the International Competition Rules (ICR) and the 2022-2023 Precisions shall apply.

The following events will be contested for men and women.

ALPINE:

- Super-G
 - 300m VD. Exceptions to vertical will be reviewed.
 - 1 run
- Giant Slalom
 - 235m VD minimum
 - 2 runs
- Slalom
 - 140m VD minimum
 - 2 runs
- Ski Cross
 - 80-140m VD
 - Qualification Round
 - Final Round*
 - 4 Quarter Final Runs (16 Athletes)
 - 2 Semi Final Runs (8 Athletes)
 - 1 Small Final (4 Athletes)
 - 1 Final (4 Athletes)
 - OR
 - 8 1/8 Runs (32 Athletes)
 - 4 Quarter Final Runs (16 Athletes)
 - 2 Semi Final Runs (8 Athletes)
 - 1 Small Final (4 Athletes)
 - 1 Final (4 Athletes)

* Final Round format will be determined by the NSO Technical Representative at the Coach/Manager meeting based on the total number of athletes entered in the event.

All athletes may compete in all four events.

PARA-ALPINE:

- Giant Slalom
 - 235 meters VD minimum
 - 2 runs
- Slalom
 - 140 meters VD minimum
 - 2 runs

All athletes may compete in both events.

The Para-Alpine competition will determine its medal events based on the number of category entries. If entries in a category are significant, medals will be awarded for that category. However, if there are not enough entries from all categories, there may be a single set of medals awarded per event per gender, combining results of the categories according to Para-Alpine's classification system.

Medal categories, or combined categories, will be determined at least one month prior to the 2023 Canada Winter Games and communicated to Chefs de Mission.

Seeding Procedures

Five (5) seed groups will be established for each of the male skiers and female skiers. Four (4) Provinces – one (1) Territory will have the right to put one (1) racer into each seed group; therefore, the number of racers in each seed will depend on the number of Provinces/Territories entered in the event. Once seed groups are established, starting positions will be determined by random draw within each seed group.

Second Run Start Order

All skiers who are not disqualified in the first run are admitted to the second run. The fastest thirty skiers from the first run will start in reverse rank order (i.e. 30th fastest starts first; 29th fastest starts second, etc.). Skiers from 31st down will start according to their first run finish times in rank order (fastest to slowest).

Super G, Giant Slalom & Slalom Ranking

The aggregate time that a racer obtains in the race will be used in determining ranking in that event, with the lowest aggregate time receiving 1st place, the 2nd lowest aggregate time receiving 2nd place and so on until all racers, without disqualification, are ranked.

Ski Cross Ranking

The competitors in the final round are ranked according to their finish order in the final followed by those ranked in the small final. All remaining competitors are ranked according to the round in which they are eliminated (e.g. quarterfinals) and their qualification times within that round (e.g. competitors ranked 8 to 16 in the quarterfinal would be ranked according to their qualification times).

5.2. Weather Protocol

The Race Jury has the responsibility to cancel or postpone an event due to weather and will make any decisions in collaboration with the host mountain.

6. TIE BREAKING RULES - COMPETITION

If two or more racers are tied, the tied racers would receive the same position and award, and the next position would be eliminated. For example, in the case of a tie for first place, both racers would receive a gold medal, and the next finisher would be ranked third and awarded a bronze medal.

7. REGISTRATION & EVENT ENTRIES

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (February 4, 2023).

7.2. Event Entry Deadline

Event entries for each participant will be confirmed at the Coach/Manager meeting held prior to the first event.

8. SPORT SCORING POINTS

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the following criteria:

8.1. Individual Events

- Athletes will be ranked from first through last place
- If an athlete does not finish or is disqualified, the athlete will not receive sport scoring points
- Team results will be determined by adding the top **three** finish positions from each province/territory in each of the able bodied events, and the **top** finish position from each province/territory in each of the para-alpine events
- If there is a tie, points will be shared equally between competitors (i.e. If two athletes are tied for first then each competitor would receive 98.5 points $[(100+97)/2]$ and 3rd place points would be awarded to the next finisher)
- Each event will be scored separately
- Sport scoring points will be awarded based on the chart below

Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS
1st	100	18th	68	35th	51	52nd	34	69th	17
2nd	97	19th	67	36th	50	53rd	33	70th	16
3rd	94	20th	66	37th	49	54th	32	71st	15
4th	91	21st	65	38th	48	55th	31	72nd	14
5th	88	22nd	64	39th	47	56th	30	73rd	13
6th	85	23rd	63	40th	46	57th	29	74th	12
7th	83	24th	62	41st	45	58th	28	75th	11
8th	81	25th	61	42nd	44	59th	27	76th	10
9th	79	26th	60	43rd	43	60th	26	77th	9
10th	77	27th	59	44th	42	61st	25	78th	8

11th	75	28th	58	45th	41	62nd	24	79th	7
12th	74	29th	57	46th	40	63rd	23	80th	6
13th	73	30th	56	47th	39	64th	22	81st	5
14th	72	31st	55	48th	38	65th	21	82nd	4
15th	71	32nd	54	49th	37	66th	20	83rd	3
16th	70	33rd	53	50th	36	67th	19	84th	2
17th	69	34th	52	51st	35	68th	18	85th	1

For Provincial/Territorial teams that have received additional athletes through the CGC's [Para Athlete Reallocation Policy](#), coaches will be required to select four (4) Para-Alpine athletes (2 per gender) whose results will count towards sport scoring for the entirety of the Games. The names of the four (4) athletes whose results will count towards sport scoring must be provided to the technical representative at the Coach/Manager Meeting prior to the start of competition. If a team does not submit these names by the end of the Coach/Manager Meeting, the original four (4) Para-Alpine athletes selected through the Provincial/Territorial Team Selection process will automatically become the athletes whose results count towards sport scoring.

For sport scoring purposes only, the final rank of non-scoring para skiers (skiers designated as not eligible for sport scoring as determined by the Provincial/Territorial coaches) will not be considered and the remaining athletes will be re-ranked to provide the official sport scoring results. Medals will be handed out in order of finish and will include non-scoring para skiers (as stated below in section 10).

For example, for Para-Alpine races the sport scoring would be as follows, assuming Athlete B is a non-scoring para skier:

Athlete A finishes 1st and receives 100 points – 1st place points
 Athlete B finishes 2nd and receives 0 points – no points
 Athlete C finishes 3rd and receives 97 points – 2nd place points
 Athlete D finishes 4th and receives 94 points – 3rd place points

Athlete B would be awarded the silver medal.

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Alpine, Flag Points will be awarded separately for female and male events based on the total of sport scoring points awarded in both alpine and para-alpine events.

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	10	6th	5	11th	1.5
2nd	9	7th	4	12th	1
3rd	8	8th	3	13th	0.5
4th	7	9th	2.5		
5th	6	10th	2		

10. TIE BREAKING RULES - FLAG POINTS

1. If a tie occurs in the final Provincial/Territorial team standings, the Province/Territory with the greater number of event first place finishes will be assigned the higher rank.
2. If the tie persists, the procedure is repeated for event second place finishes.
3. If necessary, the procedure is repeated for event third place finishes, and then fourth place finishes, etc.

NOTE: When a triple tie occurs and is only partially resolved, the remaining ties will be resolved by returning to priority #1 and proceeding through the order again.

11. MEDALS

The Canada Games will award medals to athletes only.

Medals are awarded in each event (and in each category for Para-Alpine, if each category has a full complement).

Gold: 20 (2 Super-G, 8 Giant Slalom, 8 Slalom, 2 Ski Cross)

Silver: 20 (2 Super-G, 8 Giant Slalom, 8 Slalom, 2 Ski Cross)

Bronze: 20 (2 Super-G, 8 Giant Slalom, 8 Slalom, 2 Ski Cross)

Athletes selected to compete in the para-alpine events through the Para Athlete Reallocation Policy will be eligible to win medals.

If an athlete with a visual impairment medals, a medal is also to be awarded to that athlete's guide.

12. COMPETITION UNIFORM

Provincial/Territorial team colours must be worn. Additional information on each Provincial/Territorial team's colours can be found in Appendix C of the CGC's [P/T Team Uniform and Sponsorship Policy](#).

All Alpine ski racing suits are permitted and must comply with the current FIS standards for alpine, para-alpine and ski cross, provided commercial marks comply with the CGC's P/T Team Uniform and Sponsorship Policy. A helmet designed for ski racing and that complies with FIS regulations and specifications is compulsory for all disciplines.

13. EQUIPMENT

A maximum of six pairs of skis for alpine competitors and a maximum of four pairs of skis for para-alpine competitors - including both competition and training skis - per athlete are permitted. Equipment must comply with NSO rules and specifications. The NSO Technical Representative will deal with any protests according to FIS regulations.

Alpine:

2023 Canada Winter Games Alpine Canada U16/U14 Specifications for Competition Equipment				
Reference: FIS Specifications for Alpine Competition Equipment				
Rule	Equipment	Event	Age Categories	
			<i>U14</i>	<i>U16</i>
1.2.1.1	Ski Length			
	Ski Length measurement tolerance of +/- 1cm	SG LADIES	N/A	>=183cm
		SG MEN	N/A	>=183cm
		SL LADIES	>=130cm	>=130cm
		SL MEN	>=130cm	>=130cm
		GS LADIES	<=188cm	<=188cm
		GS MEN	<=188cm	<=188cm
			>=minimum / <=maximum	
1.2.1.3	Radius (Minimum)			
		SG LADIES	30m	30m
		SG MEN	30m	30m
		SL LADIES	N/A	N/A
		SL MEN	N/A	N/A
		GS LADIES	17m	17m
		GS MEN	17m	17m
1.2.1.2.1	Profile width under Binding			
		GS MEN	<=65mm	<=65mm
		GS LADIES	<=65mm	<=65mm
		SG LADIES	N/A	N/A
		SG MEN	N/A	N/A
		SL LADIES	N/A	N/A
		SL MEN	N/A	N/A
2.1.2	Max. Standing Height			
	(Ski/plates/binding)	ALL	50mm	50mm

Para-Alpine:

Competitors may use equipment that conforms to the stated specifications for adult skiers or 15 – 17 year old skiers regardless of competitor’s age (see section 3 for eligible ages for para alpine competitors).

2023 Canada Winter Games Para-Alpine Specifications for Competition			
Equipment			
Equipment	Event	Age Categories	
		<i>Adult (18+)</i>	<i>15-17</i>
Ski Length			
	SL LADIES	>155cm	>130cm
	SL MEN	>165cm	>130cm
	GS LADIES	>188cm (+/- 5cm)	<188cm
	GS MEN	>188cm	<188cm
		>=minimum / <=maximum	
Radius (Minimum)			
	SL LADIES	N/A	N/A
	SL MEN	N/A	N/A
	GS LADIES	30m	17m
	GS MEN	30m	17m
Profile width under Binding			
	GS MEN		<=65mm
	GS LADIES		<=65mm
	SL LADIES	>63mm	N/A
	SL MEN	>63mm	N/A
Max. Standing Height			
(Ski/plates/binding)	ALL		50mm
In front of Binding			
	GS MEN	<103mm	N/A
	GS LADIES	<103mm	N/A
	SL LADIES	N/A	N/A
	SL MEN	N/A	N/A

14. PROTEST & APPEALS

14.1. Canada Games Council Appeal Policy

Appeals relating to the Alpine Technical Package or any decisions made by the CGC will be made in accordance with the CGC's [Appeal Policy](#).

14.2. Competition Protests

The competition will follow International Ski Competition Rules (ICR) and Alpine Canada National Competition Rules as follows:

- ICR section 640-647:
https://assets.fis-ski.com/image/upload/v1593675483/fis-prod/assets/ICR_02072020.pdf
- National Rules:
https://alpinecanada.org/uploads/documents/National_Competition_Rules_2020-2021_.pdf

The race jury is responsible for all decisions concerning the race, for all decisions concerning protests and for upholding all the rules relevant to the event.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements

- APPENDIX 2 - Performance Guidelines
- APPENDIX 3 - Age Dispensation

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS

Coaches are directed to <https://itad.alpinecanada.org/coaches/coach-education> for comprehensive information on Alpine Canada's coaching pathway.

APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

Alpine Canada Alpin (ACA) has identified the Canada Winter Games as a Train to Train (T2T) level event.

Please refer to the following documents for information on training and competition guidelines for Train to Train level athletes:

- [ACA LTAD - Training & Competition Focus Matrix](#)
- [ACA LTAD - Training & Competition Volume Matrix](#)
- [ACA LTAD - Ski Cross Progression Table](#)
- [ACA LTAD - Para-Alpine](#)

APPENDIX 3 - AGE DISPENSATION

Please click [here](#) for Alpine Canada's Age Exemption Procedure for the 2023 Canada Winter Games.